

COACH JANE

Coach Jane is a physical education teacher by profession and has been at it for more than a decade. She has taught in various schools, such as OB Montessori, Victory School and QCCA. Coach Jane is also a homeschool teacher and mother of two boys.

FIT & MOVE

This class is a combination of fitness workout and movements. For this quarter, it will focus on basic fitness using locomotor and non-locomotor movements. Students will also learn basic folk dance in celebration of Buwan ng Wika this August.

Register now!

<https://forms.gle/gnA47YD44F3X6hFr7>

